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CURRENT POSITION

- 2008-Present **UNIVERSITY OF COLORADO SCHOOL OF MEDICINE, Aurora, Colorado**
Department of Family Medicine
Assistant Professor
- 2008-Present **UNIVERSITY OF COLORADO, Boulder, Colorado**
Athletic Department
Team Physician
- 2009-Present **HOPE SHINES, INC. Denver, Colorado**
Medical Consultant
Camp Director
Volunteer Coordinator

POSTDOCTORAL TRAINING

- 2007-2008 **UNIVERSITY OF CONNECTICUT, Hartford, Connecticut**
Department of Family Medicine
Sports Medicine Fellow
- 2004-2007 **UNIVERSITY OF CONNECTICUT SCHOOL OF MEDICINE, Farmington, Connecticut**
Department of Family Medicine
Co-Chief Resident 2007
Family Medicine Resident

MEDICAL EDUCATION

- 1999-2003 **OHIO UNIVERSITY COLLEGE OF OSTEOPATHIC MEDICINE, Athens, Ohio**
Doctor of Osteopathic Medicine

UNDERGRADUATE EDUCATION

- 1995-1999 **MIAMI UNIVERSITY**
Bachelor of Arts in Mathematics and Statistics

HONORS AND AWARDS

- May 2016 **UNIVERSITY OF COLORADO SCHOOL OF MEDICINE**

Foundations of Doctoring Golden Stethoscope Nominee

Nominated by Emily Bressan, Phase I Medical Student

June 2014

AMERICAN MEDICAL ASSOCIATION

Young Physicians Section

2014 Community Service Award

Hope Shines Healthy Child Initiative

May 2014

UNIVERSITY OF COLORADO SCHOOL OF MEDICINE

Foundations of Doctoring Golden Stethoscope Nominee

Nominated by Nicole Look, Phase I Medical Student

May 2013

ROTARY INTERNATIONAL

Group Study Exchange – District 5450

Selected member of 4 person team (2 physicians, 2 acupuncturists) to travel to China on a medical study exchange in Shanghai, Yunnan, Hebei, Henan and Beijing

April 2013

UNIVERSITY OF COLORADO SCHOOL OF MEDICINE

Family Medicine Department

Rising Star Educator Award

June 2012

UNIVERSITY OF COLORADO SCHOOL OF MEDICINE

Rose Family Medicine Residency

Community preceptor of the year

PROFESSIONAL AFFILIATIONS

2014-Present

AMERICAN MEDICAL ASSOCIATION

2007-Present

AMERICAN COLLEGE OF SPORTS MEDICINE

2006-Present

AMERICAN MEDICAL SOCIETY FOR SPORTS MEDICINE

2005-Present

AMERICAN ACADEMY OF OSTEOPATHIC MEDICINE

2004-Present

AMERICAN ACADEMY OF FAMILY PHYSICIANS

1999-Present

AMERICAN OSTEOPATHIC ASSOCIATION

MAJOR COMMITTEE AND SERVICE RESPONSIBILITIES

UNIVERSITY OF COLORADO FAMILY MEDICINE WESTMINSTER

2013-2016

PCMH Hypertension/Diabetes Group Physician Leader

UNIVERSITY OF COLORADO FAMILY MEDICINE WESTMINSTER

2013-2015

PCMH Hypertension Group Physician Leader

UNIVERSITY OF COLORADO DEPARTMENT OF ATHLETICS

2013-Present

Student Athlete Wellness Team Physician Leader

AMERICAN MEDICAL SOCIETY FOR SPORTS MEDICINE

2016-Present

Vice-Chair AMSSM Inter-Organizational Relations (IIOR) Committee

2016-Present

Selection Committee AMSSM Traveling Fellowship

2016-2017 Case Review Sub-Committee Member, AMSSM Education Committee

2014-2016 Chair Case Review Sub-Committee, AMSSM Education Committee

2014 Selection Committee AMSSM Inaugural Traveling Fellowship

2014-Present Coordinator Humanitarian Outreach Fund – IIOR Committee

2011-Present Member International and Inter-Organizational Relations (IIOR) Committee

2011-Present Chair IIOR Medical Mission/Disaster Relief Working Group

2008-Present Member Education Committee

FEMALE ATHLETE TRIAD COALITION

2012-Present Committee Member

HOPE SHINES, INC.

2014-Present Website Developer

2012-Present Camp Director

2009-Present Medical Consultant

LICENSURE AND CERTIFICATION

2010-Present **AMERICAN BOARD OF FAMILY MEDICINE CERTIFICATION**

2010-Present **CERTIFICATE ADDED QUALIFICATION, SPORTS MEDICINE**

2008-Present **PERMANENT COLORADO MEDICAL LICENSE**

2008-Present **PERMANENT CONTROLLED SUBSTANCE REGISTRATION CERTIFICATE**

2009-Present **ADVANCED CARDIOVASCULAR LIFE SUPPORT**

2007-Present **BASIC LIFE SUPPORT**

2007-2009 **PERMANENT CONNECTICUT MEDICAL LICENSE**

2004-2007 **NEONATAL ADVANCED LIFE SUPPORT**

REVIEW WORK EXPERIENCE

2011 **AMERICAN COLLEGE OF SPORTS MEDICINE’S MEDICAL EDUCATION COMMITTEE REVIEW PANEL MEMBER**
ACSM’s Sports Medicine: A Comprehensive Review, published by Lippincott Williams & Wilkins. Senior Editor is Francis G. O’Connor, MD, MPH. Editors are Douglas J. Casa, PhD; Brian A. Davis, MD; Patrick St. Pierre, MD; Robert E. Sallis, MD; and Robert P. Wilder, MD

SPORTS MEDICINE EXPERIENCE

2008-Present **THE UNIVERSITY OF COLORADO, Boulder, Colorado
 Team Physician**

Medical and non-operative orthopedic care of CU athletes from all sports, including sideline football, women's volleyball, women's soccer and women's basketball coverage, training room, and continuity care

- 2013-Present **THE BEAR CHASE TRAIL RACE, Lakewood, Colorado**
Physician Finish Line Medical Tent
Acute medical care of Trail Race participants in 10K, Half Marathon, 50K, 50 Mile, and 100K race distances at the finish line.
- 2012 **REAL COLORADO CUP SOCCER TOURNAMENT, Denver, Colorado**
Physician Medical Coverage
- 2008-2010 **ADAMS 12 HIGH SCHOOLS, Colorado**
Northglenn High School, Mountain Range High School – sideline football, gymnastics, and wrestling coverage and training room
- 2008 **THE BOSTON MARATHON, Boston, Massachusetts**
Physician Finish Line Medical Tent
Acute medical care of Boston Marathon participants at the finish line.
- 2007-2008 **THE UNIVERSITY OF CONNECTICUT, Storrs, Connecticut**
Sports Medicine Fellow
Medical and non-operative orthopedic care of UCONN athletes from all sports, including sideline, training room, and continuity care with Head Team Physicians Jeffrey Anderson, MD and Thomas Trojian, MD
- THE UNIVERSITY OF CONNECTICUT WOMEN'S LACROSSE, Storrs, Connecticut**
Team Physician
Medical and non-operative care of Women's Lacrosse athletes including sideline, training room, and continuity care
- 2005-2008 **CONNECTICUT SUN, WOMEN'S NATIONAL BASKETBALL ASSOCIATION TEAM**
Game coverage with Diana Heiman, MD and Thomas Trojian, MD
- 2007-2008 **HARTFORD PUBLIC HIGH SCHOOLS FOOTBALL, Hartford, Connecticut**
Team Physician
Weaver High School, Bulkeley High School, Hartford Public High School and Sport and Medical Sciences Academy Magnet School – sideline and training room coverage
- 2007-2008 **ASYLUM HILL FAMILY MEDICINE, Hartford, Connecticut**
Sports Medicine Consultant
Evaluated and treated patients referred by Family Medicine Residents and faculty for orthopedic and sports-related conditions
- 2007-2008 **ORTHOPAEDIC COLLABORATION**
Worked in the offices of orthopedic surgeons Robert Arciero, MD and Michael E. Joyce, MD assessing and treating patients with orthopedic and sports injuries
- 2007 **THE UNIVERSITY OF CONNECTICUT, Storrs, Connecticut**
Pre-participation Physicals
Varsity athletes – all sports
- 2006 **HARTFORD FOX FORCE, WORLD TEAM TENNIS, Hartford, Connecticut**
Tournament coverage with Ketan Mody, MD

2005-2006

HARTFORD PUBLIC HIGH SCHOOLS FOOTBALL, Hartford, Connecticut

Sideline and training room coverage for Bulkeley High School; Game coverage for Hartford Public High School and Sports and Medical Sciences Magnet School with Diana Heiman, MD

PUBLICATIONS

Keeling, J, **Chu S**, Kebach K. *A Change in Schedule: An Evaluation of Game Injury Rates in NCAA Women's Soccer by Number of Days between Games*. Clin J Sports Med 2017 March; 27(2): 213.

Chu, SM, Gustafson, K, Leiszler, M. *Female Athlete Triad: Clinical Evaluation and Treatment*. Am Journal Lifestyle Med. 2013 December; 7(6): 387-94.

Chu, SM, Leiszler, M: **Female Athlete Triad: Clinical Evaluation and Treatment**. Lifestyle Medicine, 2nd Ed., section editors Poddar SK, McCarty E, Taylor and Francis.

Chu SM. *Prepping and Patching The Preps – Sports Medicine Care of the High School Athlete*. Mile High Sports Magazine 2009 February; 7(7): 42 Editorial.

Chu SM, Trojjan TH. *Validation of Adequacy of Musculoskeletal Medicine Knowledge Assessment Tool for Family Medicine Residents*. Clin J Sports Med 2008 March; 18(2): 197.

Trojjan TH, **Chu SM**, Anderson JM: **Sports Supplements**. Netter's Sports Medicine 1st Ed., editors Madden C, Putukian M, McCarty, E, Young, C. Saunders, 2009.

Trojjan TH, **Chu SM**. *Dupuytren's Disease – Diagnosis and Treatment*. Am Fam Physician. 2007 Jul 1; 76(1): 86-9. Review.

GRANTS

April 25, 2010

UNIVERSITY OF COLORADO SCHOOL OF MEDICINE

Academy of Medical Educators and Office of Faculty Affairs

Small grants that will further innovation in medical education and medical education research at the University of Colorado School of Medicine

Knowledge and Clinical Assessment Tools for Musculoskeletal Medicine Education in Family Medicine Residents

RESEARCH

Chu SM, Trojjan TH. *Adequacy of Musculoskeletal Medicine Education In Family Medicine Residents*. Original research.

McQueen M, Fazio MA, Putnam A, Brakke R, **Chu SM**, Poddar SK. *Vitamin D, Injury and Athletic Performance*. Investigative research at University of Colorado, Sports Medicine Department in collaboration with the Department of Physiology, IRB Approval obtained Dec 2012.

PRESENTATIONS

National and Regional Conferences

May 17, 2014

Evaluation of Ankle Injuries in Primary Care Presenter at Office-Based Sports Medicine for the Primary Care Provider, Denver. CO

- Casting and Splinting Hands-On Workshop*** Presenter with John Spittler and Matthew Leiszler at Office-Based Sports Medicine for the Primary Care Provider, Denver. CO
- April 7, 2014 ***Case Presentation*** Clinical Case Presentations Panelist at the 2014 AMSSM 23rd Annual Meeting, New Orleans, LA
- April 21, 2013 ***Eye Opening Cases*** Clinical Case Presentations Moderator at the 2013 AMSSM 22nd Annual Meeting, San Diego, CA
- May 12, 2012 ***Exercise in Pregnancy*** Presenter at Office-Based Sports Medicine for the Primary Care Provider, Denver, CO
- April 24, 2012 ***Case Presentations*** Clinical Case Presentations Panelist at the 2012 AMSSM 21st Annual Meeting, Atlanta, GA
- May 14, 2011 ***New Advances in Concussion Management*** Presenter at Update on Concussion Management: Sports Injuries CME Conference Presented By The Denver Osteopathic Foundation, Rocky Vista University College of Osteopathic Medicine, Parker, CO
- May 7, 2011 ***Casting and Splinting Hands-On Workshop*** Presenter at Office-Based Sports Medicine for the Primary Care Provider, Denver, CO
- May 8, 2010 ***Ankle Clinical Hands-On Workshop*** Presenter at Office-Based Sports Medicine for the Primary Care Provider, Denver, CO
- May 27, 2009 ***Knee Clinical Hands-On Workshop*** Presenter at the 56th Annual Meeting of the American College of Sports Medicine *Exercise is Medicine*, Seattle, WA.
- May 2, 2009 ***Exercise-Induced Bronchospasm*** Presenter at Office-Based Sports Medicine for the Primary Care Provider, Denver, CO.
- March 13, 2009 ***Top 5 Primer – Basic Things the Orthopedic Team Physician Needs to Know*** Presenter at the 10th Annual AAOS/AOSSM Sports Medicine Course: *From the Slopes to the Sidelines*, Steamboat Springs, CO.
- May 28, 2008 ***18 y/o Male Swimmer with Limited Ankle Motion – Clinical Case Presentation.*** Presenter at the 55th Annual Meeting of the American College of Sports Medicine *At the Crossroads of Science and Practice*, Indianapolis, IN.
- March 26, 2008 ***Validation of Adequacy of Musculoskeletal Medicine Knowledge Assessment Tool for Family Medicine Residencies – Research Abstract Poster Presentation.*** Presenter at Rendezvous II *An International Sports Medicine Conference*, 17th Annual American Medical Society for Sports Medicine Annual Meeting, Las Vegas, NV.
- March 25, 2008 ***11 y/o Female with Left Knee Effusion” – Case Abstract Poster Presentation.*** Presenter at Rendezvous II *An International Sports Medicine Conference*, 17th Annual American Medical Society for Sports Medicine Annual Meeting, Las Vegas, NV.
- November 15, 2007 ***20 y/o Women’s Lacrosse Athlete with Persistent Upper Respiratory Infection – Case Presentation.*** Presenter at the New England Regional Meeting of the American College of Sports Medicine, Providence, RI

Conferences, Grand Rounds, and Journal Clubs

Presentations to faculty, residents, medical students and athletic trainer students covering the following topics:

March, 2017 **TOP 5 MEDICAL ISSUES IN SPORTS MEDICINE – DIAGNOSIS AND TREATMENT**
Rose Family Medicine Residency Bi-Annual Sports Medicine Core Curriculum

March, 2016 **ANKLE INJURIES – EVALUATION AND TREATMENT**
Rose Family Medicine Residency Bi-Annual Sports Medicine Core Curriculum

September, 2015 **SHOULDER EXAM WORKSHOP**
Rose Family Medicine Residency Bi-Annual Sports Medicine Core Curriculum

May, 2014 **STRESS FRACTURES – DAIGNOSIS, MANAGEMENT AND PREVENTION**
Staff In-Service University of Colorado Department of Athletics, Sports Medicine

CONCUSSIONS
University Family Medicine Residency AF Williams Sports Medicine Intern Didactics

September, 2013 **EXERCISE AND PREGNANCY**
University Family Medicine Residency AF Williams Weekly Didactics

January, 2011 **ANKLE PHYSICAL EXAM**
Rose Family Medicine Residency Weekly Sports Medicine Conference

May, 2010 **COMPARTMENT SYNDROME – CASE PRESENTATION**
Rose Family Medicine Residency Weekly Sports Medicine Conference

March, 2010 **ANTERIOR KNEE PAIN – DIFFERENTIAL DIAGNOSIS AND TREATMENT**
Rose Family Medicine Residency Weekly Sports Medicine Conference

December, 2008 **INFECTIOUS MONONUCLEOSIS – ATHLETE RETURN TO PLAY AND SPLENOMEGALY**
University of Colorado Department of Orthopedics Weekly Didactics

April, 2008 **UCONN MUSCULOSKELETAL GRAND ROUNDS - ACUTE LOWER EXTREMITY COMPARTMENT SYNDROME**

September, 2007 **UCONN SPORTS MEDICINE JOURNAL CLUB – ACHILLES TENDINOPATHY**
Continued Sports Activity, Using Pain-Monitoring Model, During Rehabilitation in Patients with Achilles Tendinopathy

UCONN UNDERGRADUATE ATHLETIC TRAINING COURSE – ENDOCRINE SYSTEM AND MAINTAINING EUGLYCEMIA

May, 2007 **CHILDHOOD UPPER EXTREMITY INJURIES – CASE BASED SPORTS MEDICINE**
UCONN Family Medicine Residency Weekly Didactics

November, 2006 **OSTEOARTHRITIS**
UCONN Family Medicine Residency Weekly Didactics

October, 2006 **FAMILY MEDICINE RESIDENCY JOURNAL CLUB – ANKLE SPRAINS**
A Prospective, Randomized Clinical Investigation of the Treatment of First-Time Ankle Sprains

October, 2006 **ALTITUDE ILLNESS – GRAND ROUNDS**
UCONN Family Medicine Residency Weekly Didactics

July, 2006 **OVERWEIGHT AND OBESITY**
UCONN Family Medicine Residency Weekly Didactics

- May, 2006 **PATELLOFEMORAL SYNDROME**
UCONN Family Medicine Residency Weekly Didactics
- March, 2006 **OSTEOPATHIC MANIPULATION TREATMENTS – *What Is Osteopathic Medicine?***
UCONN Family Medicine Residency Weekly Didactics
- April, 2006 **FAMILY MEDICINE JOURNAL CLUB – KNEE OSTEOARTHRITIS**
A Randomized, Single-Blind Comparison of the Efficacy and Tolerability of Hylan G-F 20 and Triamcinolone Hexacetonide in Patients with Osteoarthritis of the Knee

Workshops

Presentations to faculty, residents, and medical students covering the following topics:

- September, 2010 **Chu SM, MacDougall A. CASTING AND SPLINTING WORKSHOP**, Rose Family Medicine Intern “Boot Camp” Lecture Series
- September, 2008 Deutchman, M, Gaspar, D, **Chu SM**, Baldea J. **CASTING WORKSHOP**, Family Medicine Interest Group Evening Instructional Lectures University of Colorado School of Medicine
- April, 2008 Trojjan TH, Heiman D, Anderson J, **Chu SM**, Lishnak T. **CASTING AND SPLINTING WORKSHOP**, Family Medicine Core Content Lectures 3 hours.
- August, 2007 Heiman D, Anderson J, **Chu SM**, Lishnak T, Chain P. **MUSCULOSKELETAL EXAMINATION WORKSHOP – THE SHOULDER**, Family Medicine Core Content Lectures 3 hours
- August, 2006 Trojjan TH, Heiman D, Anderson J, **Chu SM**, Lishnak T, Mody K. **MUSCULOSKELETAL EXAMINATION WORKSHOP – THE ANKLE**, Family Medicine Core Content Lectures 3 hours
- August, 2005 Trojjan TH, Heiman D, Anderson J, **Chu SM**, Lisle D. **MUSCULOSKELETAL EXAMINATION WORKSHOP – Anatomy of the Shoulder, Knee and Ankle**, Family Medicine Core Content Lectures 3 hours

UCONN/UMASS Tri-annual Sports Medicine Symposium

Presentations to faculty, residents, medical students and sports medicine physicians affiliated with the University of Connecticut and the University of Massachusetts Sports Medicine departments covering the following topics:

- April, 2008 **GYMNASTIC INJURIES**
Review of 4 current journal articles detailing common disorders in women’s artistic gymnastics which can potentially affect adulthood.
- January, 2008 **TREATMENT OF TENDINOPATHY**
Systematic review of tenotomy and/or percutaneous tenotomy for treatment of tendinopathy
- August, 2007 **DANCE MEDICINE**
Review of 3 current journal articles detailing common disorders in dancers

FACULTY DEVELOPMENT EXPERIENCE

- July, 2007 **ADMISSION H&P AND DISCHARGE SUMMARIES**
Intern Enrichment Lecture Series with Diana Heiman, MD
- INTRODUCTION TO PGY-2 FAMILY MEDICINE RESIDENCY**
Presentation of University of Connecticut Family Medicine PGY-2 Survival Guide
- INTRODUCTION TO PGY-3 FAMILY MEDICINE RESIDENCY**
Presented University of Connecticut Family Medicine PGY-3 Survival Guide with Alan Cementina, MD
- July, 2006 **ADMISSION H&P AND DISCHARGE SUMMARIES**
Intern Enrichment Lecture Series with Diana Heiman, MD
- INTRODUCTION TO PGY-2 FAMILY MEDICINE RESIDENCY**
Presentation of University of Connecticut Family Medicine PGY-2 Survival Guide
- April, 2006 **HARTFORD FOOD INSECURITY**
Presented to Family Medicine Interest Group at the University of Connecticut School of Medicine with PGY-2 FM Residents
- June, 2005 **INTERN INTRODUCTION TO FMIS (Family Medicine Inpatient Service)**
Intern Enrichment Lecture Series presentation detailing daily and rotation expectations of PGY-1 on inpatient family medicine rotation

TEACHING EXPERIENCE

- 2010-Present **UNIVERSITY OF COLORADO SCHOOL OF MEDICINE, Denver, Colorado**
Rose Family Medicine Center, Sports Medicine Clinic
Clinical precepting of Sports Medicine Fellows in community sports medicine clinic
Coordinator of Sports Medicine Education for Family Medicine Residency, Biannual
- 2010-Present **UNIVERSITY OF COLORADO SCHOOL OF MEDICINE, Denver, Colorado**
Rose Family Medicine Residency
Clinical precepting of Family Medicine Residents
- 2010-Present **UNIVERSITY OF COLORADO SCHOOL OF MEDICINE, Aurora, Colorado**
Foundations of Doctoring Preceptorship Program
Longitudinal clinical teaching of medical students in Family Medicine
- 2008-Present **UNIVERSITY OF COLORADO, Boulder, Colorado**
Pre-Medical Clinical Preceptor
Teaching undergraduate pre-medical students basics of primary care and sports medicine
- Fall, 2007 **UNIVERSITY OF CONNECTICUT SCHOOL OF MEDICINE, Farmington, Connecticut**
First Year Anatomy Preceptor
Teaching assistant during dissection lab for back/spinal nerve roots, axilla/arm, and forearm/hand; small group preceptor for case conferences on carpal tunnel syndrome, rotator cuff tear, herniated lumbar disk, and knee ligament injury
- November, 2007 **UNIVERSITY OF CONNECTICUT, FAMILY MEDICINE HANDS-ON-NIGHT**
Instructor, Joint Injections and Joint Exams
Instructional and Hands-On Workshop for University of Connecticut medical students in common shoulder, knee, and elbow joint injections and shoulder, knee, and ankle joint physical examinations

RESIDENCY EDUCATION PUBLICATIONS

Chu SM. University of Connecticut Family Medicine Intern Survival Guide 3rd ed., 2007.

Handbook for PGY-1 Family Medicine Residents detailing daily and call schedules, goals and objectives, and suggested resources for all University of Connecticut Family Medicine PGY-1 rotations.

Chu SM. University of Connecticut Family Medicine PGY-2 Survival Guide 3rd ed., 2007.

Handbook for PGY-2 Family Medicine Residents detailing daily and call schedules, goals and objectives, and suggested resources for all University of Connecticut Family Medicine PGY-2 rotations.

Chu SM. University of Connecticut Family Medicine PGY-3 Survival Guide 1st ed., 2007.

Handbook for PGY-3 Family Medicine Residents detailing daily and call schedules, goals and objectives, and suggested resources for call University of Connecticut Family Medicine PGY-3 rotations. Reviews licensure process for obtaining a Connecticut state medical license.

COMMUNITY SERVICE

2012-Present

HOPE SHINES, INC. Kigali, Rwanda

Camp Director

Operations Director of camps leading the mentoring of 150 orphaned children at Children Support Centre (CSC) and SINAPISI-Rwanda in all camp activities and managing volunteers from the United States and translators from Rwanda in a humanitarian, cultural volunteer activity.

2012-2013

BIG BROTHERS BIG SISTERS OF COLORADO, INC.

Big Sister Mentor

Mentor and role model for a young 9-year-old girl providing a consistent adult in her life for activities that are fun and educational 2-4 times monthly. Activities include but are not limited to going to the park and dog park, working on homework, watching movies, baking cookies, museums and painting pottery.

2009-Present

HOPE SHINES, INC. Kigali, Rwanda

Medical and Hygiene Consultant

Volunteer in summer months to mentor orphaned children at Children Support Centre (CSC) through educational and cultural activities during weeklong day camp. Perform well child checks on orphaned children at CSC and SINAPISI-Rwanda